



Name: Ms. Monika Pundhir

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▼ Objective

- I wish to work in a dynamic workplace, as a part of a team that shares the passion for games and sports. My goal is to formulate advanced programs, provide coaching and support, and teach others valuable sporting skills while also develop my own knowledge of coaching and sports.

▼ Academic Qualification

S.No.	Exam/Degree	Year	Board/University
1.	Secondary Examination	2004	U.P. Board
2.	Higher Secondary Examination	2006	U.P. Board
3.	Graduation (B.A)	2009	Dr.B.R.A University , Agra
4.	B.P.ed	2010	Barkatullah University, Bhopal
5.	M.P.ed	2016	Kota University, Kota
6.	Ph.D (Pursuing)	2020(enrolled)	Tantia , University, Shri Ganganagar

▼ Working Experience

2011-2014

PTI , Dayananad Bal Mandir Sr. Sec. School , Agra, Uttar Pradesh

2015-2016

PTI, Nalanda Academy Sr.Sec. School, Kota , Rajasthan

2016-Till Date

DPE , S.S Jain Subodh Girls , P. G. College , Jaipur , Sanganer , Rajasthan

Responsibilities

- Responsible for forming and motivating team.
- Responsible for maintain discipline in the team , college and school.
- Responsible for the care , leadership in sports of a group of young children.
- Attend staff meetings and Training.
- Maintenance of the highest standards of safety during games and sports.
- Setting up the schedule for training sessions.
- Suoervision of Campus and games court during all the physical activities.

▼ Publications

1. Book /Book Chapter

Name of Book	Publisher	ISBN NO.	year	Chapter No.

2. Paper Publications

Title	Journal Name	ISBN NO./ISSN No.	Volume	Page No.	Year
"Impact of Covid -19 on Student Experience and Expectations"	IJCRT	2320-2882	X	327-330	2022

▼ Paper presentation in Seminar/ Conference/Workshop

1. International

S.No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
1	Topic: - “The New Normal & Impact of Covid-19 on Nurses”	Multidisciplinary International Conference Organized by S.S. Jain Subodh Girls P.G. College Sanganer, Jaipur	19-20 March, 2021
2	‘Decent Work and Economic Growth: Why it matters’.	International Conference on Sustainable Development Goals at Biyani Group of Colleges	23-25 Sept 2019
3	“Sports Regulation and Performance of Athletes”	International Conference on Role of Commerce and Management in Achieving Sustainable development Goals	22-23 October 2021
4	“Holiding Our Fires” Art of responsible Conversation” by	International Workshop by Subodh Girls PG College, Sanganer.	09 Feb 2021

2. National

S.No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
1	‘Classroom management’	National workshop by Dayanand Bal Mandir Sr. Sec. School, Agra	18 March 2015
2	‘Quality based Teacher training Programme’	National workshop by at Subodh Mahila Shiksha Prashikshan Mahavidhyalaya	31 Jan – 1 Feb 2019
3	‘Expressions’	National Workshop by Subodh Girls PG College, Sanganer	9 Sep 2019
4	‘Intellectual Property Rights’	National Workshop by Subodh Girls PG College, Sanganer	16 Nov 2019
5	“Mentoring teachers for Online teaching and Virtual classroom”	National Workshop by Subodh Girls PG College, Sanganer	13 June 2020
6	“Fundamental of Entrepreneurship”	National Workshop by JKL	31 July 2020
7	“Environmental Challenges, Awareness and Its Solutions”	National Workshop by S.S. Jain Subodh Girls College, Sanganer	20 January 2018
8	Environmental Issues and Sustainable Development	National Seminar by Subodh Global Excellence, Sitapura	26 March 2022

9	“Role and Importance of mobile applications for weight management”	3 rd National Conference on Latest Trends in Health and Physical Education.	20-21 August 2019
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▼ Awards and Achievements

1. International

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2. National

• “Best Teacher Award “ at S.S. Jain Subodh Girls P.G. College.,(2019)
• Honored as “Best Coach “ at Biyani Group of College (10-12 March2022)

▼ Orientation/ Refresher course

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▼ Others

- One year Diploma in Computer Operating Course From AFWWA- ITI from Air Force N4 , Kanpur.
- One year Diploma in Yoga from JagatGuru Ramananad Acharya Sanskrit University, Rajasthan.
- Attended the capacity building programme on classroom management conducted by Maxmillan Training services empanelled with CBSE .
- Attended National Integration Camp 2021 as NSS Program Officer .
- Attended FDP on Principles and Practices for Effective College Teaching at S.S. Jain Subodh Girls P.G. College.
- Attended FDP on Evolution from offline to online teaching at Satish Pradhan Dnyanasadhana College, Mumbai

▼ Subject Specialization

- Football
- Physical Education and Sports
- Health Education
- Sports Medicine

▼ Personal Detail

- Date of Birth: 7.10.88
 - Marital Status: Single
 - Father's Name: Mr. Rajpal Singh Pundhir
 - Language Proficiency: Hindi and English
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I hereby declare that all the information contained in this resume is in accordance with facts or truths to my knowledge.

Date: 21.7.2022

Place: Jaipur

Monika pundhir

(Name and signature)

Committed to Excellence