



Name: Dr. Susan sam

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### ▼ Objective

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### ▼ Academic Qualification

S.No.	Exam/Degree	Year	Board/University
1.	Secondary school	1988	RBSC
2.	Senior Secondary	1990	RBSC
3.	Bachelor of Science (Home Science)	1993	Maharanis College, Jaipur
4.	Master of Science (Home Science) Human development	1995	University of Rajasthan
5.	Ph. D	1999	University of Rajasthan
6.	NET	2000	UGC

### ▼ Working Experience

[Dates From]–[To]

- **ENGLISH TEACHER ,ORIO JOSHI HIG SCHOOL,FUKUOKA,JAPAN IN 1996**
- PROJECT OF UNICEF, VIHANN IN 1999
- ST JAYACHARYA GIRLS COLLEGE,JAIPUR–2002-2002
- S.S.Jain Subodh Girls P.G College, Sanganer ,Jaipur  
2004-present

## ▼ Publications

### 1. Book /Book Chapter

Name of Book	Publisher	ISBN NO.	year	Chapter Name
Covid-19: Invisible, Elusive & The Advancing Enemy ( The 21st Century Pandemic)	RBSA Publication	978-93-87972-36-0	2021	"Diet and Covid -19"
Research Column	Social Research Foundation ,Kanpur	978-81-941349-6-1	2020	Familial Gender Discrimination in Relation to Mental Health of Adolescent Girls

### 2. Paper Publications

Title	Journal Name	ISBN NO./ISSN No.	Volume	Page No.	Year
Estimation of Nutritive Composition of Value Added Products of Foxtail Millet Ch. Hemamalini,	<b>Progressive Research : An International Journal</b>	: 0973-6417, Online ISSN : 2454-6003 Print ISSN	Vol 16 (Special)	: 248-252	(December -2021),
Estimation of Nutritive Composition of Value Added Products of Finger Millet	<b>Progressive Research : An International Journal</b>	Print ISSN : 0973-6417, Online ISSN : 2454-6003	Vol 16 (Special)	248-252	(December -2021),
Awareness and consumption of small millets	<b>The Pharma Innovation Journal</b>	ISSN(E): 2277-7695 ISSN (P): 2349-8242	SP-10(7)	34-47	2021

Impact of training program on value addition of small millage for livelihood enterprise in Eastern Ghats	The Pharma innovation Journal	ISSN(E): 2277-7695 ISSN (P): 2349-8242	SP-10(6):	578-580	2021
Title	Journal Name	ISBN NO./ISSN No.	Volume	Page No.	Year
Percieved Familial Gender Discrimination and Career Choices among Adolescent Girls	Remarking An Analisation	ISSN NO.: 2455-0817 P: ISSN NO.: 2394-0344 RNI No.UPBIL/2016/6798 0	VOL-6* ISSUE-1*		April- 2021
Social Maturity and Academic Interest of Adolescents	International Journal of Home Science	ISSN: 2395-7476 IJHS	7(1):	159-166	2021;
<b>Perceived Familial gender discrimination in relation to Personality Pattern of adolescent girls</b>	<b><i>International journal of applied Research</i></b>	online :2394-5869 Print ISsN ;2394-7500	Vol.5 Issue :9		September Year -2019
<b>Perceived Familial gender discrimination in relation to Ways of coping of adolescent girls</b>	Shrinkhala Ek Shodhparak Vaicharik Patrika	P:ISSN No :2321-290X E:ISSN No :2349 -980X	Vol-6 Issue-8(Part-1)		April-2019

<b>Importance and effectiveness of herbal medicines</b>	<i>Journal of pharmacognosy and phytochemistry</i>	E-ISsN :2278-4136 P-Issn:2349-8234	Volume 8: Issue 2	354-357	March-April Year 2019
<b>Perceived Familial gender discrimination in relation to Personality Pattern, adjustment level , ways of coping and mental health of adolescent girls</b>	<i>The pharma innovation journal</i>	ISsN online :2277-7695 Print ISsN ;2349-8242	<b>Volume 8</b> Issue 1	page number 90-96	year 2019
<b>Women empowerment in India - challenges and remedies</b>	<i>The pharma innovation journal</i>	Indexed journal ISsN online :2277-7695 Print ISsN ;2349-8242	Vol :7 Issue 11	Page 107-109	Year 2018
<b>Healthy aging and wellness</b>	<i>The pharma innovation journal</i> Indexed journal ISsN online :2277-7695 Print ISsN ;2349-8242	Indexed journal ISsN online :2277-7695 Print ISsN ;2349-8242	Vol :7 Issue 12	Page 89-92	:Year 2018
<b>Impact of internet on Interpersonal relationships</b>	<i>International Journal of Home science</i> ISsN number ;2395-7476	ISsN number ;2395-7476	Vol :5. Issue 2 :	Page 473-476	Year 2019

<b>Perceived Familial gender discrimination in relation to Adjustment level of adolescent girls</b>	<i>International Journal of Home science</i>	ISsN number ;2395-7476	Vol :5. Issue 2	Page 467-472	Year 2019
<b>Influence of television advertisements and eating habits of children</b>	<i>International Journal of Home science</i>	ISsN number ;2395-7476'	Vol :5. Issue 2	Page 344-347	Year 2019
<b>Pro social behavior of hosteller and non hosteller boys and girls (8-12 years )</b>	<i>south Asian academic research journals</i>	ISsN :2249-7137	Vol.4, Issue .1		,January 2014
<b>Inclusive education and teachers negative attitude</b>	<i>International Journal of Home science</i>	Indexed journal ISsN number ;2395-7476'	Vol :5. Issue2	Page 401-405	Year 2019

▼ **Paper presentation in Seminar/ Conference/Workshop**

**1. International**

S.No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
1.	Emerging consequence of the globe pandamic- post covid mental stress in the technical session	Emerging new world of oerder in post - pandemic scenario	18-19 feb,2022

## ▼ Awards and Achievements

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### 1. International

<ul style="list-style-type: none"><li>● Received Excellence in Teaching Award for outstanding contribution in the field of Human Development at the 4th International Conference held at Mahsa University , Kuala Lumpur , Malaysia</li></ul>
<ul style="list-style-type: none"><li>● Received outstanding educationist award at the second international conference on Innovative approaches in Applied Sciences and Technologies at Nanyang Technological University, Singapore .</li></ul>

### 2. National

<ul style="list-style-type: none"><li>● Awarded Gold Medal For securing highest marks in M.Sc (Home Science) Previous and Final</li></ul>
<ul style="list-style-type: none"><li>● Received <b>SUBODH Vidushi Award</b> on the occasion of Independence Day</li></ul>
<ul style="list-style-type: none"><li>● Received <b>Excellence Award in Teaching and Research</b> on the occasion of location of international conference on agriculture, Allied and applied science is with special reference to energy environment and biotechnology research (ICAAS-2018, New Delhi India) organized by BioLogix Research and Innovation Center Pvt .Ltd,India .</li></ul>
<ul style="list-style-type: none"><li>● Received <b>Distinguished Leader Award</b> for the contribution and achievement in the discipline of Humanities and Social Sciences on university on the Recommendation of the expert committee report and Apex committee of Center for Leadership Development, Venus international foundation</li></ul>
<ul style="list-style-type: none"><li>● Received “<b>Innovative Professor of the Year Award</b>” at the Asian Education Award Ceremony by Kites for attaining exceptional achievement in offering academic excellence.</li></ul>
<ul style="list-style-type: none"><li>● Received <b>The Best Academician of the Year Award</b> at the Global Excellence Award - 2021 organized by Bestow Edutrex International on July 31,2021 for the contribution in Development of Innovative systems for achieving excellence in a super specialised educational field .</li></ul>
<ul style="list-style-type: none"><li>● Obtained 80% Score in Health Awareness Quiz, organised by HNB Garhwal Central University Srinagar, Department of Home Science on the occasion of Nutrition Week ,2020.</li></ul>

## ▼ Orientation/ Refresher course

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- Successfully Completed 4 week Induction / orientation Programme for “Faculty in Universities /Colleges/ Institutes of Higher Education “from June 26 th - July 24 th , 2020 with A+ grade organized by Teaching Learning Center , Ramanujan College ,University



of Delhi under the aegis of Ministry Of Human Resource Development, Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.

- Successfully Completed 2 week Faculty Development programme on Enhancing Psychological Skills for Teaching and Practice from September 15th -29 th September , 2020 with A grade organized by Teaching Learning Center , Ramanujan College ,University of Delhi under the aegis of Ministry Of Human Resource Development, Pandit Madan Mohan Malviya National Mission on Teachers and Teaching .
- Online Faculty Development Programme on “INTEGRATIVE APPROACH TOWARDS CURRENT PRACTICES IN FOOD PRODUCT DEVELOPMENT” 29th April- 4th May 2021organized by Department of Nutrition & Dietetics, Faculty of Allied Health Sciences, MRIIRS.
- 2 Week Interdisciplinary Refresher Course for Advanced Research Methodology Tools and Techniques from 30 th February -14th February 2021 and obtained "A+" Grade Organized by Teaching Learning Centre, Ramanujan College, University of Delhi, Under the aegis of Ministry of Human Resource Development, Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- Participated in an Online Faculty Development Programme on Integrative Approach Towards Current Practices in Food Product Development from 29th April to 4 May 2021, organised by Department of Nutrition and Dietetics , faculty of Allied health sciences, Manav Rachna International Institute of Research and Studies .
- Successfully completed Faculty Development Programme on the **Power of NLP in Communication Teaching** organised by S.S Jain Subodh Girls P. G college on 22 May, 2021.
- Participated in five days FDP cum workshop on **New Learning Analysis and Opportunities of Digital Era ,”** organised by SS Jain Subodh Management Institute from 25th June, 2021 to 30th June ,2021.
- Participated in One Day National Training Program on **NAAC Accreditation Framework**, organized by SS Jain Subodh Girls P. G College Sanganer on 09th July 2021.

#### ▼ Others

##### Conference / workshop attended

- National Conference on Environmental Terrorism , A challenge for the New Millenium from 25 th to 26 th January ,2013,organized by St .Wilfred P.G.College Jaipur
- Completed a course on fruit and vegetable preservation conducted at the college from 4 th August to 7 th August 2014 , organized by Domestic Art Training institute , Delhi .

- Participated in a two day national service scheme officers training held at the college from 9th to 10th February, 2015 in collaboration with NSS and Directorate College Education ,Rajasthan .
- Participated and made valuable contribution in the workshop on Formulation of MA syllabus ( Home science) from 16 th to 17 th March , 2015 at Department of Home Science , University of Rajasthan
- Participated in the knowledge sharing program held by ICFAI group,IBS , Business school on the “Topic Interpersonal Communication Excellence “on July 18 2016 .
- Participated in the knowledge sharing program held by ICFAI group,IBS , Business school on the Topic , Time Management and Instructional Leadership “ August ,29, 2016
- Participated at a National Conference on “Global Approaches in Nutrition , Inclusive Education and Textile Science organized by the Department of Home Science at IIS University on 2nd and 3rd February , 2018.
- Participated in a Symposium on “Avenues and Challenges in Life Sciences organized by St Wilfreds College,Jaipur on 22nd February , 2019 .
- Participated and delivered an invited talk on Small millets and their role in facing malnutrition challenges in the 21st century at IPSCONF, (7th International Conference Phytopathology in Achieving UN Sustainable Development Goals held from 16th January to 20 th January ,2020.
- Successfully participated in the National e-Conference on “Recent Trends in Plant Pathology” jointly organised by Indian Society of Plant Pathologists and Agricultural Research Station, ANGRAU, Vizianagaram, Andhra Pradesh on 4 th May, 2021.
- Participated in a webinar on “ Emotional and Psychological Well Being Through Counseling - A Positive Way Forward organized by S.S Jain Subodh Girls College , Jaipur on 16 th May ,2020.
- National webinar on “Catalysis for Environmental Remediation (CER-2020)” on the occasion of World Environment Day on June 05, 2020 Organized by Department of Chemistry, Sardar Vallabhbbhai Patel Arts and Science College, Ainpur, Tal. Raver, Dist. Jalgaon, Maharashtra
- Participated in an Online Workshop Titled “Mentoring Teachers for Online Teaching and Virtual Classroom organized by S. S. Jain Subodh Girls College , Jaipur on 13 th June , 2020.
- Participated in a two days International webinar on “Environmental and Human Interaction,Effects in Post Covid -19 Era” organized by Department of Botany and Zoology ,by M.M.H. College , Ghaziabad on 8th and 9th June ,2020
- Successfully qualified and scored 70% in online Quiz on Awareness on Covid -19 Pandemic held by Department of Entomology, Gochar Mahavidyalaya Rampur Maniharan,Saharanpur , Uttar Pradesh on 1 st June , 2020 .
- Participated in an International Webinar organized by Knimbus on World Environment Day “Time for Nature ``held on 5th June . 2020.



- Participated in International Webinar organized by Department of Chemistry and Geography, Government College , Rajgarh ,Alwar Knimbus on Environmental Issues & opportunities after Covid-19 on 14 th June, 2020.
- Participated in a National Webinar on “ Library and Information Services during Covid-19 :Changing Paradigm ,CCS,University, Meerut in collaboration with Meerut University and College Library Association held on Wednesday, 10th June , 2020.
- Has participated in International Conference On “Economic Consequences of Covid-19 Global outbreak” Organised on 27th June, 2021.
- Participated and contributed to a Webinar on Food Fortification - Scaling up Innovation ,organized by global Summit on food fortification on 30 th June,2021.
- Participated in a Webinar on” **Principles and IQAC Coordinators Meet**” organised by Master Soft Solutions Private Limited ERP, Nagpur on 19th June ,2021
- Participated in a Webinar organised by Kitescraft Production and Prodigy Education on 25th April 2021, on **School Leadership in Transition.**
- Participated in A National Conference on” **COVID -19 Impact in various sectors of Indian Economy**” organised by SS Jain Subodh Management Institute on 21 June 2021.
- Participated in National Webinar on **Managing Biomedical Waste for Healthy Way for Achieving SDG3: Good Health and Well** on the occasion of foundation day Shri Vaishnav Vidyapeeth Vishwavidyalaya ,Indore, Centre of Excellence in Sustainable Development, on 23 July 2020.

#### **Induction / orientation Programme/FDP**

##### **Invited Lecture**

- Small millets and their role in facing malnutrition challenges in the 21st century at IPSCONF, (7th International Conference Phytopathology in Achieving UN Sustainable Development Goals held from 16th January to 20 th January ,2020
- Delivered an Invited talk in an International Chemistry Webinar ( Rethink , Restructure , Revive & Recycle : A Post COvid Perspective) by the Department of Chemistry ,Ewing Christian College , Prayagraj held on June 13 , 2020.
- “Millets: A step towards healthy pregnancy and its nutritional challenges” in National e-Conference on Recent Trends in Plant Pathology jointly organised by Indian Society of Plant Pathologists and Agricultural Research Station, ANGRAU, Vizianagaram, Andhra Pradesh on 4th May, 2021.

##### **Certificate courses:**

- Successfully completed Libreoffice suit Calc Test organized at assistance to go to Gerst PG College with course material provided by spoken tutorial project, I I T Mumbai, on May 8, 20

- Successfully completed an online course authorized by Stanford university on the topic Stanford introduction to Food and Health
- Successfully completed all the requirements of One Week Online Certificate Course on **Digital Teaching Techniques** organized by Ict Academy from 7<sup>th</sup> June 2021 to 11th June 2021.

### ▼ Subject Specialization

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- Human Development

### ▼ Personal Detail

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- Date of Birth: 17<sup>th</sup> December, 1972
  - Marital Status: yes
  - Husband's Name: Dr. Sam John
  - Language Proficiency: Hindi, English, Malayalam
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I hereby declare that all the information contained in this resume is in accordance with facts or truths to my knowledge.

Date: 20.07.22

Dr. Susan Sam

Place: Jaipur

Committed to Excellence